

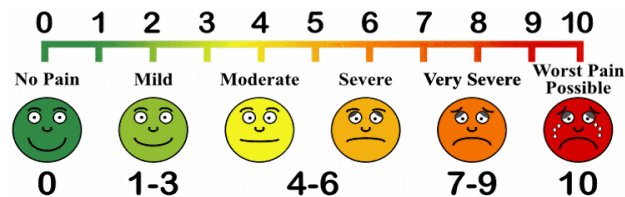
Your Prescriptions called in to _____

Dr. DeMill Post Op Medication Instructions

Medication	Dosage	Frequency	Purpose
<i>Pepcid (famotidine)</i>	20 mg tablet	1 tablet, twice a day	It is used to prevent <u>stomach heartburn</u>
<i>Ecotrin (aspirin)</i>	325 mg tablet	1 tablet, once a day	It is used for <u>blood clot prevention</u>
<i>Celebrex (celecoxib)</i>	100 mg capsule	1 capsule, once a day	It is used to <u>decrease inflammation</u>
<i>Senna (sennosides)</i>	8.6 mg tablet	1 tablet, twice a day	It is used to prevent <u>constipation</u>
<i>Zofran (ondansetron)</i>	4 mg tablet	1 tablet, every 6-8	It is used for <u>nausea or vomiting</u>
<i>Neurontin (gabapentin)</i>	100 mg tablet	1 tablet twice a day	It is used for nerve pain to <u>calm irritated nerves</u>

Medications for Pain

Pain Scale:



Medication	Dosage	Frequency	Purpose
<i>Ice Pack or Ice Machine</i>	Over Surgery Site & Behind Knee Use Ice Machine 20-30 min/hour	Daily	It is used for <u>mild pain</u> relief (1-3 out of 10, in the pain scale) It provides cooling to help reduce swelling and inflammation
<i>*Tylenol (Acetaminophen)</i>	500 mg	2 tablets, every 8 hours	It is used for <u>mild pain</u> relief (1-3 out of 10, in the pain scale) ***Do not exceed 3,000 mg/day
<i>Vistaril</i>	25 mg tablet	1 tablet, every 4-6 hours <u>Take with Narcotic</u>	It is used to <u>help the narcotic work better</u> , helps with <u>itching</u> or <u>anxiety</u>
<i>Tramadol</i>	50 mg tablet	1 tablet, every 4-6 hours	Narcotic. It is used for <u>moderate pain</u> (4-7 out of 10, in the pain scale)
<i>Tylenol #3</i>	15/300 mg tablet	1 tablet, every 4-6 hours	Narcotic. It is used for <u>moderate pain</u> (4-7 out of 10, in the pain scale)
<i>*Norco (Hydrocodone/ Acetaminophen)</i>	5/325 mg tablet	1 tablet, every 4-6 hours	Narcotic. It is used for <u>severe pain</u> (8-10 out of 10, in the pain scale) ***Do not exceed 3,000 mg/day of Acetaminophen (Tylenol)
<i>*Percocet (Oxycodone/ Acetaminophen)</i>	5 mg tablet	1 tablet, every 4-6 hours	Narcotic. It is used for very <u>severe pain</u> (8-10 out of 10, in the pain scale) ***Do not exceed 3,000 mg/day of Acetaminophen (Tylenol)

*This medication contains Tylenol (Acetaminophen) -- **Do not exceed 3,000 mg/day**