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Date: \_\_\_\_\_ Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

School / Occupation: \_\_\_\_\_ Year in School: \_\_\_\_\_

Primary Care Doctor: \_\_\_\_\_ Referring Doctor: \_\_\_\_\_

**REASON FOR TODAY'S VISIT**

Right  Left Body Part(s): \_\_\_\_\_  Pain  Injury  Fracture

Date pain began: \_\_\_\_\_  Injury  Sports Injury  Auto Accident  Work Injury

How this began: \_\_\_\_\_

List sports / activities you enjoy: \_\_\_\_\_

**HISTORY OF PRESENT INJURY (PLEASE CHECK ALL THAT APPLY)**

Have you been off work for this problem? If yes, date off work: \_\_\_\_\_

Please list all diagnostic tests and treatment performed elsewhere for today's problem (please provide when/where/what):  
\_\_\_\_\_

Doctors who have treated you for this problem: \_\_\_\_\_

**Severity:**  1 Mild  
 2  
 3 Moderate  
 4  
 5 Severe

**Frequency:**  Constant  
 Daily  
 Weekly  
 Occasional

**Relieved By:**  
 Brace/Splint  
 Elevation  
 Movement/Exercise  
 Rest  
 Heat  
 Ice  
 Medications: \_\_\_\_\_  
 Other: \_\_\_\_\_

**Associated Symptoms:**  
 Swelling  
 Bruising  
 Crepitus (cracking sounds)  
 Locking  
 Popping  
 Stiffness  
 Instability  
 Night pain  
 Numbness/tingling  
 Weakness  
 Other: \_\_\_\_\_

**Quality:**  Throbbing  
 Aching  
 Burning  
 Sharp

**Status:**  Worsening  
 Improving  
 Stable

Describe anything that worsens symptoms: \_\_\_\_\_

Are you experiencing radiating pain?  Yes  No If yes, where does the pain radiate to? \_\_\_\_\_

**PATIENT'S MEDICAL HISTORY**

None  
 Autoimmune Disorder  
 Alcoholism  
 Arthritis  
 Asthma  
 Atrial Fibrillation  
 Cancer

Stroke  
 Heart Disease  
 COPD (Emphysema)  
 Diabetes  
 Drug Abuse  
 GERD  
 High cholesterol

High blood pressure  
 Kidney Disease  
 Liver Disease/Hepatitis  
 Lyme Disease  
 Osteoporosis  
 Parkinson Disease  
 Seizure Disorder

Thyroid Disease  
 Other:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**SEE NEXT PAGE**

**PATIENT'S SURGICAL HISTORY**

Please check surgeries you have had and list the YEAR performed:

- |  |  |                                       |
|--|--|---------------------------------------|
| <input type="checkbox"/> None                | <input type="checkbox"/> ACL Surgery                       | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Tonsillectomy       | <input type="checkbox"/> Arthroscopy (Scope) Details _____ | _____                                 |
| <input type="checkbox"/> Appendectomy        | _____  | _____                                 |
| <input type="checkbox"/> Gallbladder Removal | <input type="checkbox"/> Spine Surgery Details _____       | _____                                 |
| <input type="checkbox"/> Gastric Bypass      | _____  | _____                                 |
| <input type="checkbox"/> Heart Surgery       | <input type="checkbox"/> Hip Replacement                   | _____                                 |
| <input type="checkbox"/> Thyroidectomy       | <input type="checkbox"/> Knee Replacement                  | _____                                 |
| <input type="checkbox"/> Eye Surgery         |  |                                       |

**CURRENT MEDICATIONS (INCLUDE INSULIN OR OTHER INJECTABLES)**

Medication: \_\_\_\_\_ Dosage (mg): \_\_\_\_\_ How Often?  AM  PM  Other: \_\_\_\_\_  
Medication: \_\_\_\_\_ Dosage (mg): \_\_\_\_\_ How Often?  AM  PM  Other: \_\_\_\_\_  
Medication: \_\_\_\_\_ Dosage (mg): \_\_\_\_\_ How Often?  AM  PM  Other: \_\_\_\_\_  
Medication: \_\_\_\_\_ Dosage (mg): \_\_\_\_\_ How Often?  AM  PM  Other: \_\_\_\_\_

**ALLERGIES (PLEASE LIST ALL ALLERGIES AND REACTIONS: I.E. HIVES, RASH, NAUSEA, ANAPHYLAXIS)**

Allergy: \_\_\_\_\_ Reaction: \_\_\_\_\_  
Allergy: \_\_\_\_\_ Reaction: \_\_\_\_\_  
Allergy: \_\_\_\_\_ Reaction: \_\_\_\_\_

**PATIENT'S FAMILY HISTORY**

List any medical problems that run in your family? \_\_\_\_\_  
\_\_\_\_\_

**PATIENT'S SOCIAL HISTORY**

Marital Status: \_\_\_\_\_ Do you have help at home?  Yes  No Number of Children at home? \_\_\_\_\_  
Activity Level:  Sedentary  Moderate  Vigorous Type of Exercise: \_\_\_\_\_  
Nicotine use?  Yes  No How much? \_\_\_\_\_ Consume Alcohol?  Yes  No How much? \_\_\_\_\_

**REVIEW OF SYSTEMS: ARE YOU CURRENTLY EXPERIENCING ANY OF THE FOLLOWING?**

- |   |   |   |  |
|---|---|---|--|
| Y/N                                     | Y/N   | Y/N   | Y/N  |
| <input type="checkbox"/> Cough          | <input type="checkbox"/> Unusual Bleeding     | <input type="checkbox"/> Recent increase in weight >20lbs | <input type="checkbox"/> Other Lung Problems |
| <input type="checkbox"/> Fever/Chills   | <input type="checkbox"/> Cancer or Tumors     | <input type="checkbox"/> Recent decrease in weight >20lbs | <input type="checkbox"/> Stroke              |
| <input type="checkbox"/> Rash           | <input type="checkbox"/> Diabetes             | <input type="checkbox"/> Prednisone Use                   | <input type="checkbox"/> Seizures            |
| <input type="checkbox"/> Diarrhea       | <input type="checkbox"/> Vision loss          | <input type="checkbox"/> Kidney Problems                  | <input type="checkbox"/> Depression          |
| <input type="checkbox"/> Vomiting       | <input type="checkbox"/> Heart Problems       | <input type="checkbox"/> Liver Problems                   | <input type="checkbox"/> Gout                |
| <input type="checkbox"/> Stomach Ulcers | <input type="checkbox"/> Chest Pain or Angina | <input type="checkbox"/> Hepatitis / Jaundice             | <input type="checkbox"/> Fibromyalgia        |
| <input type="checkbox"/> Blood Clots    | <input type="checkbox"/> High Blood Pressure  | <input type="checkbox"/> Asthma                           |  |

Height: \_\_\_\_\_ ft. \_\_\_\_\_ in. Weight: \_\_\_\_\_ lbs.

Signature of Patient, Parent or Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

**OFFICE USE ONLY**

BMI: \_\_\_\_\_ Temperature: \_\_\_\_\_ HR: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_ / \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_